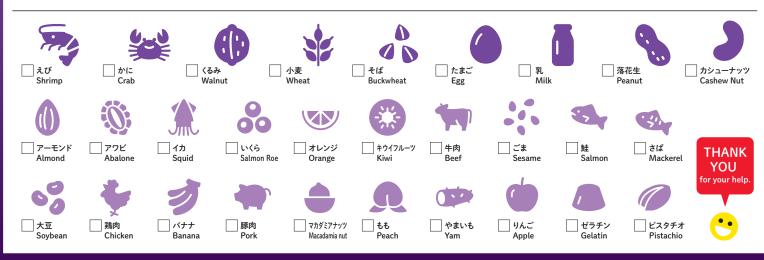
I have "Severe Allergy"

to

In order for me to avoid a life-threatening reaction, I must avoid. Please make sure that my food does not contain any of the ingredients, and that any utensils and equipment used to prepare my meal, as well as prep surfaces, are fully cleaned immediately before using.



Food Allergy Alert

For my meal, can you please confirm that my meal does not contain any of the ingredients listed on the top of this card, and that any utensils / equipment and preparation surfaces used to prepare the meal are fully cleaned immediately before using.



Food Allergy Alert

I have "Severe Allergy"

to

To avoid a life-threatening reaction, I must avoid all of the above ingredients.



「アレルゲン確認カード」は こちらから ダウンロード可能です。 アレルゲン確認カードについては P.10をご参照ください。



Please HELP ME!!

Anaphylaxis Now. Please call an ambulance right away.

I have a severe food allergy, and I might have eaten it by mistake. Please take me to the ER. I have adrenaline (epinephrine) device, If you know how to use it, please administer it immediately.

Emergency Contact Card

はこちらからもダウンロード可能です 連絡先カードについては P.6 をご参照ください



氏名(日本語 / Alphabet):	
生年月日 / Date of Birth:	
血液型 / Blood Type:	
既往症 / Previous Illness:	
アレルギー / Allergies:	
治療薬 / Medications:()
epinephrine delivery device / Anti-Histamine / Steroid	

現地での緊急連絡先(Local Contact)
担当 / Contact Person:
電話番号 / Phone Number:
滞在先 / Place of Stay:
日本国内の緊急連絡先(Contact in Japan)
氏名 (Alphabet):
電話番号 / Phone Number: +81-